



# Fitness Festival

**TUESDAY, JULY 22 AT 7:00PM**  
**CHICAGO SKY VS INDIANA FEVER**



VS.



**Congrats!** You have been selected to participate in the **CHICAGO SKY FITNESS FESTIVAL**. Get ready for an afternoon and evening of learning and fun with youth from all over Chicago! The fun kicks off at 4:30 p.m. at our Fitness Festival where you'll discover many fun & surprising ways to get active such as:

- DANCING    ■ DOUBLE-DUTCH    ■ BASKETBALL
- SOCCER    ■ FOOTBALL    ■ KICKBOXING    ■ YOGA

We will continue the celebration as we come together inside Allstate Arena to watch Chicago's own WNBA team, the Sky, warm up before they take on the Indiana Fever at 7:00 p.m.

## FITNESS FEST LINE-UP

- 4:30 - 6:00PM**    **FITNESS FESTIVAL**
- 6:00PM**    **MEAL**  
**WATCHING PRE-GAME WARM-UPS**
- 7:00PM**    **TIP-OFF SKY VS SUN**



**It's Free!**

This includes the Fitness Festival, dinner and the game.

Fitness Festival is located in the Allstate Arena North Parking Lot.  
Allstate Arena | 6920 Mannheim Road | Rosemont, IL 60018

**VISIT CHICAGOSKY.NET OR CALL 866.SKY.WNBA**

# Chicago Sky FITNESS FESTIVAL

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- 7:00PM **TIP-OFF SKY VS FEVER**

**TO INSPIRE YOUTH TO GET ACTIVE, BUILD THEIR SELF-ESTEEM AND TAKE ACTION TO ACCOMPLISH THEIR DREAMS.**

*Organized by the Chicago Sky, Sky Cares Foundation and Girls and the Game*

**WHAT:**

- A **FREE** "Fitness Festival" for youth 8-16 at the Allstate Arena bringing together organizations that can show how to get moving, whether it's playing a sport, dancing or jumping double-dutch. At each station, youth will watch demonstrations and interact with instructors, with the goal of helping them make a fitness plan.
- After the youth visit all the festival stations, we'll enter Allstate Arena together to participate in the excitement of a WNBA game as the Chicago Sky takes on the Connecticut Sun. The Sky game is an unforgettable opportunity to witness first hand the power and poise of professional athletes and provides a motivating message of what can be accomplished through dedication, determination and discipline.

**WHERE:**

- Fitness Festival & Sky game at Allstate Arena | 6920 Mannheim Road, Rosemont, IL 60018

**PARTICIPANT GENERAL RELEASE FORM:**

For good and valuable consideration, receipt of which is hereby acknowledge, I hereby release and hold harmless the Chicago Sky, Girls in the Game, Sky Cares Foundation, Allstate Arena and their respective parents, subsidiaries, affiliated directors, officers, governors, employees and agents from and against any and all claims, causes of action, or demands relation to or arising out of my participation in the Chicago Sky Fitness Festival.

I expressly assume all risk of injury (including permanent disability and death) arising out of my performance, howsoever caused or arising and accepting person responsibility for the damages following such injury, permanent disability or death.

I grant full permission to the Chicago Sky, Girls in the Game, Sky Cares Foundation, Allstate Arena and their respective affiliates, with no obligation to compensate me further, to use any photography or videotapes of my participation.

I have full authority to execute this General Release and do so with full knowledge of the facts and circumstances surrounding my participation.

**I acknowledge that I have read and fully understand the foregoing.**

By (printed name): \_\_\_\_\_ Signature: \_\_\_\_\_ Dated: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_ Dated: \_\_\_\_\_

Name: \_\_\_\_\_ Birthday Date (mm/dd/yy): \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

